

Menu & Special Diet Information

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suppliers but many times product and delivery changes are difficult to predict and
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Please make sure to include the parent's printed name, email, and phone number on the form for us to call if there are any questions. This will speed up any delays in coordinating the appropriate diet.

Each special dietary request must be supported by a statement that explains the food substitution that is requested. The statement must identify:

- the child's disability
- an explanation of why the disability restricts the child's diet
- the major life activity affected by the disability
- the food(s) to be omitted from the child's diet and the food or choice of foods that must be substituted.

The CN Department requires an update to the Physician Order Form that is signed by a physician or medical authority ONLY if there has been a change in the student's allergies. For example, if an allergen has been added or removed. This may be different than what is required by your child's nurse.

Food requests and preferences that DO NOT have supporting medical documentation should first be addressed with the student's cafeteria manager. These are considered preferences.

Efforts will be made to provide a variety of foods on our menus. We try to obtain foods from manufacturers that contain fewer allergens however, this is not always possible. Please note, that depending on the special diet and child's preferences, parents may want to supplement their child's school menu with food brought from home.

It is recommended that parents introduce their child to the cafeteria manager and the school nurse so that he/she is familiar with your child and his/her allergies and special diet.